

Facilitation Plan Template

***Note: All elements in this template are required unless marked as Optional.**

Title: Spectacular Space Rangers

Leaders: Alex Soderlund

of participants: 30

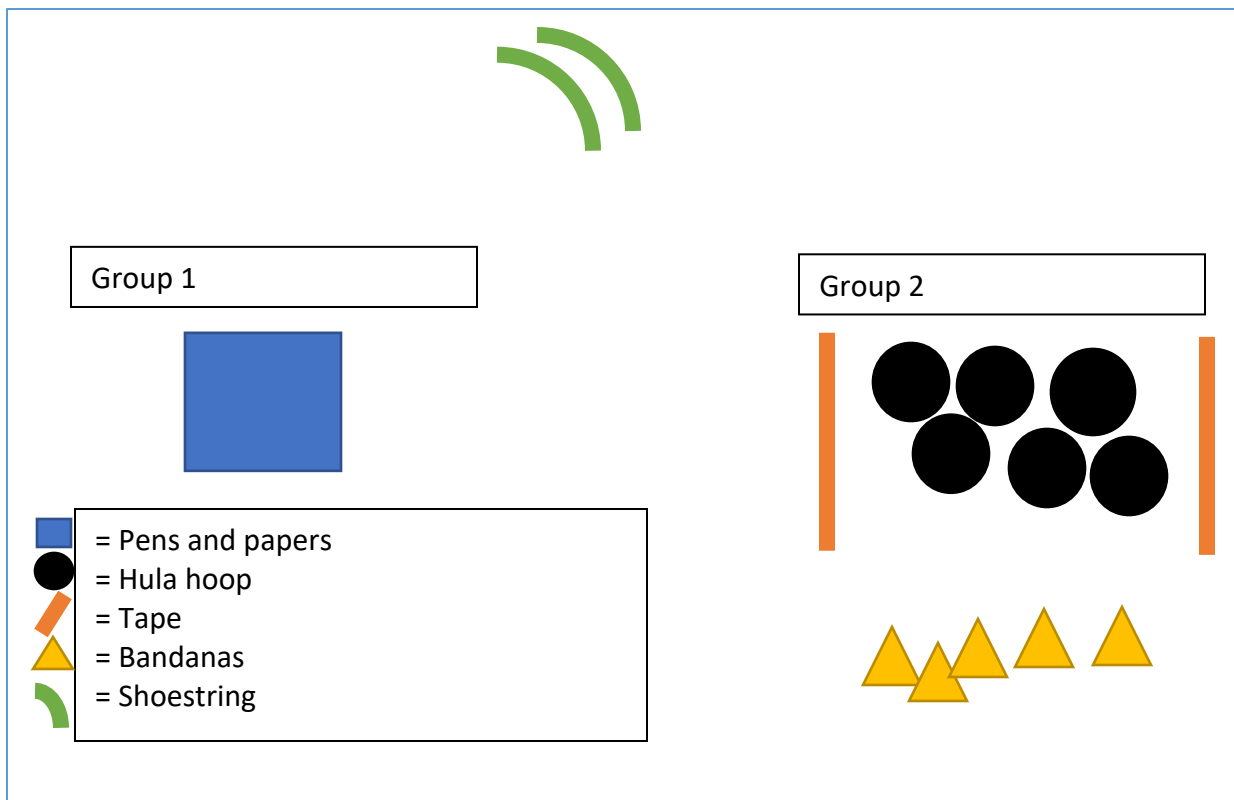
Ages: Kids age 7-10

Theme: Outer space

Ideal Location: Can be done in a classroom or gym

Equipment: Printed off moon landing activity, pens & blank papers, 10 hula hoops, colored electrical tape, 30 bandanas, 2 shoestrings.

Pre-Activity Diagram:



- Goal & Objectives:**
1. Achieve better team chemistry and cooperation with groups than when you walked in
 2.
 - a. Given the moon landing activity, a pen and a piece of paper, the participants will be able to survive and make it back to the mothership
 - b. Given bandanas, 10 hula hoops, and electrical tape, the participants will be able to walk across the moon and make it back to the spaceship.

Risk Management Concerns:

For the first activity, an argument could break out due to differing opinions. A good way to prevent this would be to reinforce the idea that the whole point of the activity is to work together. For my second activity, falling is going to be the biggest risk. A work around to this would be to get it into the kid's heads that this isn't a race and to take your time. A first aid kit along with icepacks should be kept on the sidelines just in case of an accident.

Length	Facilitation Portion	Description	Leader Name
2 minutes	Facilitation Introduction (1 required)	Hey guys, my name is Alex and I'm going to be your facilitator for our space camp. Today we're going to see if you guys have what it takes to make it as space rangers.	Alex Soderlund
3 minutes	Group Division (at least 1 required)	Instructions for facilitator to complete/set up prior to facilitation: At the beginning of the facilitation, I'm going to greet each participant and hand them a printed off card of either a spaceship, or a planet. These cards are going to determine what group they're in at the start of the facilitation. Script: Alright guys, you should have a card with a spaceship, or a planet. If you have a spaceship, you're in group one, so head over there and if you have a planet, go over there, (point to corresponding stations.) and introduce yourself to your groups.	Alex Soderlund
20 minutes	Activity 1	Name of activity: Moon Landing Instructions for facilitator to complete/set up prior to facilitation: Make sure everyone is in their correct groups and the materials are in the right place. Script: Okay everybody, the first activity we're doing is called "Moon Landing" The main purpose of this activity is to help you with group discussion and decision-making skills. You're going to be in teams of two or three so pair up. (Wait for pairing up and pass out materials) You are a member of a space crew scheduled to rendezvous with a mother ship on the lighted surface of the moon. However, due to mechanical difficulties, your own ship was forced to land at a spot 200 miles from the rendezvous point. During re-entry and landing, much of the equipment aboard was damaged and, since survival depends on reaching the mother ship, the most critical items	Alex Soderlund

		available must be chosen for the 200-mile trip. 15 items are listed as being intact and undamaged after landing. Your task is to rank them in terms of their importance for your crew, to allow them to reach the rendezvous point. At the end of this we're going to compare your results with what scientists at NASA said. Any questions? Great, let's get started! Variation: Come together when everybody is finished and see if you agree/disagree with what the "expert" decisions were.	
4 Minutes	Transition (Required between each facilitation section)	Script: Okay everybody, nice job. You're well on your way to becoming space rangers. Our next activity is going to see if you've got what it takes to walk across the moon.	Alex Soderlund
20 minutes	Activity 2	Name of activity: Moon Walk Instructions for facilitator to complete/set up prior to facilitation: Make sure all of the materials are set up properly, and in the correct place. Script: Okay now this is our second activity, "Moon walk." This is going to challenge your cooperation skills and show you the importance of talking to each other. I'm going to need everybody to get in a straight line and I'm going to hand out these bandanas for everyone to have. (Wait for kids to get into a line and hand each kid two bandanas) I'm going to need you guys to get ankle to ankle with each-other, and then tie your ankle's together with the people next to you using the bandanas. (Wait for them to do the tying and help anyone who needs it.) So, you guys are all part of a space exploration team on the surface of the moon. Unfortunately, the weights in your spacesuits have malfunctioned, meaning you all have to be tied together, or else you'll float away into space. To get back to the spaceship (point to far piece of tape on the ground), you'll need to make your way through all of the moon's craters (point to the hula hoops) with all of your legs tied together. This isn't timed so take your time, and make sure you work together because if someone falls down, that means we lost a ranger, and we have to start all over again. Any questions? Alright let's do it! Variation: If everybody finishes with time left, the second run could be done with no talking allowed, to make sure everyone has to concentrate and focus on each other.	Alex Soderlund

2 Minutes	Transition	You guys all did awesome. I'm so happy you were all able to work together, especially on the moon. Now, before you go, we're all going to talk about how much we accomplished today	Alex Soderlund
10 Minutes	Debrief (1 required)	• Did you like the activities we did today? • What did you learn today? • What are some ways we could improve the activities? • What are you going to tell your parents what we learned today? • How do you think you'll be able to use what you learned today in real life?	Alex Soderlund
2 Minutes	Conclusion (1 required)	You all did a great job and I'm happy to announce you have all made it as space rangers. I hope you all learned some valuable information about how important teamwork and listening to others can be. I hope you all have a great rest of your day!	Alex Soderlund
20 Minutes	Back pocket activity	Name of activity: Space Portal Instructions for facilitator to complete/set up prior to facilitation: Tie two shoestrings together and split up the group into two teams. Script: Okay, now we're going to start "Space Portal." I'm going to need two volunteers to hold up our hole in space. (Demonstrate with the shoestrings) and we're going to split up into two groups on either side of the shoestring. (Wait for group separation.) I'm also going to need four volunteers to be the holders. Now the holder's job is to stand in a pair of two on either side of the shoestring and lift each person and make sure they make it safely through the hole in space without touching the sides of the hole. Now for the brave space rangers going through the portal, you're going to be going on a special mission that needs you to go through this portal in space. Once you've made it through, replace one of the holders so they get a chance to go through the portal. If somebody touches the sides of the portal while going through it, everybody has to start over. Do you guys get it? Okay let's go! Variation: After everybody goes through, you could raise the shoestring higher to make the activity more difficult.	

Sources

Moon landing - a team building game. (n.d.). Retrieved from <https://insight.typepad.co.uk/insight/2009/02/moon-landing-a-team-building-game.html>

Priestley, D. (2017, June 12). Hole in Space Team Building Activity: Team Building Task. Retrieved from <https://www.ventureteambuilding.co.uk/hole-space/#.XpOxnMhKiHs>